



Auricular Acupuncture



Auricular (ear) acupuncture is one of the more widely used microsystems within eastern medicine. Microsystems use one aspect of the body - for example, the ears, hands or feet - to treat conditions that are present anywhere in the body. Auricular acupuncture may be used as a primary mode of treatment or in conjunction with other treatments such as acupuncture, massage or herbal medicine.

Examples of other microsystems include reflexology.

Auricular (Ear) Acupuncture is a specialised complementary therapy where acupuncture points are treated, using either needles or electro acupunctoscopes to help relieve many chronic complaints. However, unlike regular acupuncture, auricular acupuncture focuses only on the ear.

How does Auricular Acupuncture work?

There are over 200 acupuncture points on the outer ear. Most of these points are named after a part of the human anatomy. The outer ear is essentially a switchboard to the brain and when acupoints on the ear are stimulated, they trigger electrical impulses to the specific area of the body that is being treated.

What conditions can Auricular Acupuncture treat?

This therapy can help to treat a very large amount of chronic complaints such as anxiety, addiction, back pain.

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